

Shalom! I'm so excited to co-create a meaningful weekend together. Below is a list of gatherings and offerings. Choose what is best for you- usually, a weekend includes 3-4 large programs geared towards different demographics. Each program will be crafted to reflect age group, time frame, culture, and space. If you have something in mind that isn't listed, let's talk about it!

Thursday Evening

Singing as a Spiritual Practice

A learning experience centered around the power of song- for us as individuals, and as a community- with the additional purpose of learning some of the melodies we'll use throughout the weekend. Can be open to the community or function as a rehearsal for a band and/or group of dedicated lay folk.

Friday Morning

<u>Preschool Program</u> A spirited song-session or Shabbat celebration!

Friday Evening

Tot Shabbat or Family Service

Prayers, song, and story create a sacred container for grown-ups and their children to experience meaningful moments together

Community Shabbat Services

Spirited *Kabbalat Shabbat* and/or *ma'ariv*, incorporating traditional nusach, sacred chant, and/or modern melodies. Can include a sermon in song.

After Service Options

- Shabbat Zemirot- Singing and learning about traditional Shabbat table songs
- Community Concert
- Learning session *

Saturday Morning

Family Service See above!

Children's Services

Energetic and engaging t'fillah for children of any age.



Community Service

Traditional and/or contemporary service leading. Can include a musical d'var Torah, d'var t'fillah, or other learning.

<u>Shabbat Afternoon</u> Interactive community concert, learning session,^{*} or Shabbat singing

Saturday Evening (or Sunday!)

Havdalah and Concert

Interactive, lively, and full of learning. Can be just me on guitar with a more folksy vibe, or with members of the Orah Hi ensemble for a big, joyous sound (for an added fee). Geared towards families with kids, adults, or everyone.

Podcast Recording

We'll record an episode of the Light Lab Podcast, live! Through interviewing your clergy and/or educators about their *t'fillah* vision, congregants get a peek inside your process while going behind the scenes in this fun medium.

Sunday Morning

Hebrew School Programs

Creative t'fillah, concerts for kids and/or families, thematic song sessions, and/ or experiential learning around t'fillah or g?d

Professional Development for Educators

Topics Include *t'fillah* education, g?d language, music in the classroom for non-music teachers, and cultivating spirituality in young children

*Learning Sessions

These "adult education" sessions can take place after services Friday night or Shabbat morning, Shabbat afternoon, or in another time slot. They utilize text study, time for discussion, and many incorporate song. Past sessions include:

- Oh My G?D! Prayer in Everyday Life
- HaShem- Wrestling with g?d's names
- s*ngs ab-ut g?d- a divine musical exploration (uses guitar)
- Praying for Change- Spirituality and Social Justice
- The Deep Dive- a new way in to t'fillah (texts have included Friday night Kiddush, Modeh Ani, Sim Shalom, Aleinu, Mi Chamocha, and B'tzeit Yisrael)